



EPA SUICIDOLOGY AND SUICIDE PREVENTION SECTION REPORT 2024

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LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 29/01/2024

Venue: Virtual Elections

ACTIVITIES OF THE SECTION IN 2024:

Meetings/events

Section Business Meeting

Description:

Agenda:

- Welcome and Introductions
- Brief report on past activities
- Future activities:
 - Ambassador survey
 - National Helplines
 - Itinerant CME courses and webinars
 - Summer School
 - ESSSB20
- AoB

Location: 31st European Congress of Psychiatry - Paris, France

Start date: 07/04/2024

End date: 07/04/2024



EUROPEAN PSYCHIATRIC ASSOCIATION



EPA SUICIDOLOGY AND SUICIDE PREVENTION SECTION REPORT 2024

20th European Symposium on Suicide and Suicidal Behaviour

Description:

Prof. Marco Sarchiapone, Co-Chair of the Section, was the organizer and president of the 20th European Symposium on Suicide and Suicidal Behaviour (ESSSB20).

ESSSB is a biennial congress considered as one of the most important international meetings in the field of suicidology and suicide prevention.

Many members of the Section collaborated to the organization of the congress and were members of the Scientific Committee.

Location: Rome, Italy

Start date: 28/08/2024

End date: 31/08/2024

Translating evidence into suicide prevention practice: improving contact with persons in crisis

Description:

Chairs: Philippe Courtet (France), Vladimir Carli (Sweden)

Presentations:

- Charles-Edouard Notredame (France): The 3114, a national professional helpline and a pivotal territorial actor for French suicide prevention
- Diego Palao (Spain): A new integrated suicide prevention hotline in health emergencies: a complementary solution to anonymous community services
- Emma Eliasson (Sweden): Beyond the proximal: A study exploring multi-level predictors of suicide rates across Sweden
- Vladimir Carli (Sweden): Implementation of a universal Brief Contact Intervention (BCI) in Sweden

Location: 32nd European Congress of Psychiatry, Budapest, Hungary

Start date: 06/04/2024

End date: 06/04/2024

EPA 2024 Summer School: "Focus on Suicidal Behaviours – One Step Beyond"



EPA SUICIDOLOGY AND SUICIDE PREVENTION SECTION REPORT 2024

Description:

Prof. Emilie Olié (France), Prof. Jorge López-Castromán (Spain), and Prof. Carla Gramaglia (Italy), esteemed members of the Section, played key roles in organizing the EPA 2024 Summer School focused on suicidal behavior. The three-day training provided a comprehensive blend of theoretical knowledge on the prevention, management, and treatment of suicidal behaviors, along with hands-on opportunities to develop practical skills through workshops, simulation exercises, and role-playing scenarios.

Location: European Youth Center, Strasbourg, France

Start date: 12/09/2024

End date: 15/09/2024

Other Section activities

Description:

Task force Suicide Prevention Helplines in Europe (SPHERE) 2021 - 2024

Since Samaritans' inception in the 1950s, suicide prevention helplines have spread across Europe and have become recommended components of national suicide prevention strategies.

While sharing core principles such as remote empathetic and non-judgmental assistance, helplines vary widely in the services they provide, their support delivery methods, the public they target, and their staffing.

The Suicidology and Suicide Prevention section of the European Psychiatric Association created a special task force dedicated to Suicide Prevention Helplines in Europe with the following aims:

- Map suicide prevention helplines in Europe,
- Create a space for sharing expertise and experience,
- Develop a community of practices,
- Trigger shared research dynamics,
- Identify and address shared challenges,
- Promote helpline services and share results.

Event Start date: 01/01/2024

Event End date: 31/12/2024

Outcomes



EPA SUICIDOLOGY AND SUICIDE PREVENTION SECTION REPORT 2024

In July 2024, the task force launched an online survey to map helplines throughout Europe and gather information about their organization and services (<https://forms.gle/XGo81pcJb28i7XH68>).

In August 2024, the task force organized a meeting during the 20th European Symposium on Suicide and Suicidal Behaviour (ESSSB20). The report of the meeting is attached.

A poster on the task force mission and current activities was also presented during the ESSSB20.

Description:

Section website 2017 - 2024

The Section has an external website (<https://epasuicidologysection.wordpress.com/>).

The website offers information about the Section and its activities. The website also provides key scientific resources, such as updates on important new scientific studies and links to main suicide prevention guidelines, and it tries to stimulate the visitors through the discussion of challenging topics, such as the depiction of suicide in movies, books and other forms of art.

Event Start date: 01/01/2024

Event End date: 31/12/2024

Outcomes

In 2024, the website received 1,267 views by 822 unique users.

FUTURE ACTIVITIES:

Meetings/events

Section Business Meeting

Description:

Section Business Meeting



EUROPEAN PSYCHIATRIC ASSOCIATION



EPA SUICIDOLOGY AND SUICIDE PREVENTION SECTION REPORT 2024

Location: 33rd European Congress of Psychiatry, Madrid, Spain

Start date: 06/04/2025

End date: 06/04/2025

Digital phenotype to guide clinical interventions for suicide treatment

Description:

Chairs: Philippe Courtet (France), Enrique Baca-Garcia (Spain)

Speakers:

- Maria Oquendo (United States) - Digital phenotyping of stress responsive suicidal ideation in healthy individuals: an opportunity for prevention
- Philippe Courtet (France) - Phenotyping suicidal behaviour what could we learn from digital studies?
- Enrique Baca-Garcia (Spain) - Integrating the digital and face-to-face environments to prevent suicide
- Maria Luisa Barrigon Estevez (Spain) - Use the EMI (Ecological Monetary Intervention) Suicide Behavior in Real Time to Treat Suicide Behaviour

Location: 33rd European Congress of Psychiatry, Madrid, Spain

Start date: 06/04/2025

End date: 06/04/2025

FUNDING IN 2024

Income: n.a.

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n.a.

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